

# COMBAT ARMS EARPLUG

**1 TURN DIAL TO TYPE OF PROTECTION NEEDED.**

**2 ↺ Turn pistol-graphic to point towards earplug** to protect hearing from **weapons fire** and to allow you to hear between firings. *Note: Although you are still protected, weapons fire will be louder in this position.*

**3 ↻ Turn pistol-graphic away from earplug** to protect hearing from **noisy aircraft, vehicles, watercraft, generators, etc.**

- Check proper fit by gently tugging on plugs for tension.
- **CAUTION:** Yanking hard on cord (*to remove plugs*) can cause hearing injury!
- **Keep plugs clean** with soap and water, and filter holes free of ear wax and other debris.
- **Return dry plugs** to carrying case, or tie cord to helmet webbing, for ready-to-use access.



1

2

3

## From a Soldier in Iraq:

*"Combat Arms Earplugs work great in this environment... they probably made the difference between eardrum/hearing injury and not. They definitely allow you to mentally recover very quickly, so you are able to deal with your situation vs. standing around like a stunned mullet..."*

## Ordering and Fitting:

20 Percent = Small (olive drab) NSN 6515-01-552-0224

70 Percent = Medium (yellow) NSN 6515-01-552-0229

10 Percent = Large (red) NSN 6515-01-552-0231

1-2 Percent = Different Size in Each Ear

*Note: Shift toward smaller sizes for younger populations in basic training.*

**For More Information:** See USACHPPM Fact Sheet 51-004-0204 at—

<http://chppm-www.apgea.army.mil/hcp/>



**USACHPPM**  
Readiness thru Health

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